

Literatuurlijst

Visolie en het brein – Depressie en andere psychische stoornissen

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Visolie – Insuline gevoeligheid en spiermassa (eiwitsynthese)

1. <https://www.mdpi.com/1660-3397/13/11/6977/htm>
2. <https://www.nature.com/articles/srep06697>

Visolie algemeen

1. <https://www.mdpi.com/1660-3397/13/11/6977/htm>
2. <https://www.nature.com/articles/srep06697>

Visolie Werking – Omega-3-tot-6 ratio

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Visolie toegestane claims EFSA

1. https://ec.europa.eu/food/safety/labelling_nutrition/claims/register/public/?event=search

Visolie opneembaarheid – ethyl ester vs. triglyceriden

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2. <https://pubmed.ncbi.nlm.nih.gov/3358766/>
3. <https://pubmed.ncbi.nlm.nih.gov/20638827/>
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